



744 hours to put a
smile on your face

Take a 4 week fitness trial from only £40

See Leisure reception for further details
or call 01347 833940

Already a
member?
Then refer a
friend & grab a
free gift by
completing the
reverse of this
form.*



Your Name:

Membership No.

Friend's Name:

Friend's Contact Number:

Friend's Email:

For you to receive your free gift, simply enter your friend's details and hand in to reception and we'll contact them on your behalf. If you prefer you can give it to your friend who needs to bring it along when joining. To qualify for your free gift, this voucher must be completed prior to your friend joining. In addition your friend must join prior to 31st May 2009.

*Terms and conditions apply. Gift is only applicable when friend joins. Offer limited to first 30 members. Gift shown requires one referred friend to join. Offer valid until 31st May 2009. See in club for full details. Gift selection is dependent upon availability.

**Leisure and Spa at
Aldwark Manor
York**

01347 833940
www.leisureandspaatQHotels.co.uk