

Leisure and Spa at
Aldwark Manor Golf & Spa Hotel
York



One way to get in to shape this summer.
One of a kind.

01347 833941
www.leisureandspaatQHotels.co.uk

**Six weeks of
fitness for £60**

Offer limited to the first 25 people



QHOTELS

21 Four Star, **Individual** Hotels



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One of a kind.

Six weeks of fitness for only £60...

With our beautiful swimming pool and spa, why not plunge headfirst into refreshing, cooling, crystal clear waters. Or how about enjoying some serious top-to-toe pampering with our fabulous spa packages, sauna, steam rooms, and extensive list of relaxing treatments.

For all adrenalin-junkies wanting to achieve a super-toned, shoreline-worthy body, our fully equipped fitness suite offers the perfect answer. Complete with the latest gym equipment and technology, and a dedicated team of fitness experts on hand to provide support, advice and assistance, that beach-ready body is only a pebble's throw away.

So from cooling-off to getting hot, sweaty, and steamy... whatever your goals this summer make sure you choose Aldwark Manor Golf & Spa Hotel.

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Terms and conditions apply.