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Offer limited to the first 25 people
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Join today and receive one free month of leisure membership

Schedule some 'Q' time and commit to get fit this autumn...

We're an understanding bunch at QHotels and we know the onset of autumn means minimum motivation. So that's why we're offering you an amazing **ONE MONTH FREE** if you join your local QHotels Leisure and Spa Club today.

Our fully equipped gym is a workout paradise crammed full of the latest gym equipment and technology. Furthermore, our dedicated team of fitness experts is on hand and onsite to ensure you meet – and beat – your fitness goals.

Plunge into our luxurious swimming pool for the ideal cool-off - if you're feeling virtuous after all that hardcore hard work. Alternatively, sit back, relax, and enjoy a host of scrumptious treatments, including massages, facials, manicures and pedicures in our sumptuous spa. And then finish your ideal 'Q' time with a tempting treat in our beautiful restaurant. There's something to suit all tastes: from the healthy to the naughty, we're sure you'll love our superb Q-style hospitality.

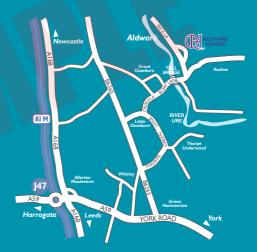
So if that's temptation enough to commit to get fit this autumn, why not join your local QHotels Leisure and Spa Club today. And you too could enjoy maximum motivation as well as an amazing **ONE MONTH FREE!**



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