

Aldwark Manor Golf & Spa Hotel  
York

## 4 week leisure membership from only £35



- State-of-the-art cardio and resistance machinery
- 15m indoor swimming pool
- Sauna, steam room and Jacuzzi
- A full member induction plan

**Q**HOTELS

**01347 833 941**  
[www.QHotels.co.uk/leisureclub](http://www.QHotels.co.uk/leisureclub)



Spring into shape this April, with a four week leisure membership from £35 at Aldwark Manor Golf & Spa Hotel, York.

Our gyms boast the latest equipment and technology, and have a dedicated team of fitness experts on hand to provide support, advice and assistance.

Your membership will include a full induction programme to suit your needs, whether you want to tone up, lose weight or simply lead a healthier lifestyle, we're here to help you achieve your goals.



Offer must end 30th April

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